

Rules & Regulations

We want to make sure all members who use our facilities respect our equipment and each other, so all guests/members can continue to have a positive experience at our studio. We trust our guests/members will act respectfully, use their best judgment and be courteous of others while using the facility. We want to make sure all people who use our facilities feel comfortable and safe, and we need each person to do their part to ensure this occurs.

- 1. In case of emergency, dial 911.**
2. In the case of equipment malfunction, please notify our staff.
3. Please use caution when exercising.
4. You must be a guest/member of the Studio to enter and use the facility. Children are not allowed on site. This is not a gathering area for groups of people or friends, so please only enter the studio if you are a current member and are using the equipment for session.
5. All members must be at least 18 years of age.
6. The studio offers a non-threatening environment to get healthier. Please do not text or talk on your cellphones during the session. Please respect others who are trying to relax.
7. No loud or offensive language or behavior.
8. All personal effects must be kept off studio floor, purse, etc, should be stored in lockers.
9. There is no ownership of lockers. They are used on a first come, first serve basis. If you use a locker, you are recommended to bring your own lock or get it from the front desk. We are not responsible for lost, stolen or damaged personal property.
10. You cannot bring your own fitness equipment, ie- weights, benches, etc.
11. There is no loitering, drug use, smoking, alcohol use or any illegal activity allowed in the facility.
12. Do not deface or destroy any property within the studio, including walls, floors, equipment, restroom facilities.
13. Proper workout attire is mandatory, ie. Gym shoes and shirts (comfortable cotton clothing).
14. Rules, regulations and facilities are subject to change without notice.

NOTE: Violation of these facility rules may result of loss/suspension or your membership without refund and additional charged when warranted.

For better health,

FitConcept Montrose Studio